**Waiver of Liability**

I, **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**, release **The Omstead, LLC** from any responsibility and/or liability concerning the application, processing, and/or consequences of beginner’s yoga, intermediate yoga, advanced yoga, teen yoga, goat yoga, or yoga on the grass that I elected to participate. I consent to have the above-described yoga services of my choice applied.

Although yoga does offer many health benefits, if it is practiced incorrectly, it may cause muscle strain, torn ligaments, or more serious injuries. Too, any time working with animals can be unpredictable. The goats are extremely friendly but may jump on students’ backs or defecate unexpectedly. Understanding the risks of my yoga class,I release **The Omstead, LLC**, its employees, and its agents harmless against any liability, damage, and/or expenses arising out of or in connection with actions, claims, and/or damages resulting in personal injuries and disabilities (physical and/or psychological) or transmission of a communicable disease that I might incur as a result of the service provided today and I agree to voluntarily participate understanding these risks and their outcomes.

I, **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**, also affirm that understanding the above-described activities I am healthy enough to participate. If I am under the age of 18, I also affirm that I have parent/guardian consent for this class.

**Client: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Signature Print Name

**Parent Guardian (if the client is under age 18):**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Signature Print Name

**DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

| Client Information Full Name: Number: Email: Date of Birth: |
| --- |